# The Saint Bede's Breviary: Companions of St. Luke Edition

The Rites to welcome new Postulants and Novice Oblates may be offered before either Matins or Vespers begins. You can access the appropriate rite below.

New Postulant Rite

Novice Oblates Rite

# Matins for Saturday After Proper 10

Matins provided here can be prayed privately, or in community virtually or at convocation. These rubrics (instructions) provide guidance for virtual and convocation services.

- When the service is prayed virtually, prayers and responses should be said by each participant, even though each person's response cannot be heard.
- At the opening sentence, everyone is to make the sign of the cross  $(\frac{1}{4})$  on their lips. This ends the Greater Silence.
- At the Benedictus which begins after the daily antiphon, and during the final blessing, everyone should make the sign of the cross across their chest, represented in the service as  $(\frac{1}{4}\frac{1}{4})$ .

(Saturday After Proper 10)

# The Invitatory and Psalter

At convocation All Stand

As the leader for either the virtual or convocation services prays the opening sentence, all members ‡ their lips

V: Lord, open our lips.

R: And our mouth shall proclaim your praise.

Members bow their heads while praying the opening phrase before the \* within the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

Alleluia (omit during Lent)

# The Invitatory Psalm for the Day

For the virtual service, the leader prays the antiphon, the Gloria Pari and closing antiphon. The selected reader prays the verses.

In convocation, all stand. The leader prays the antiphon and closing antiphon. The members prays the verses the Gloria Patri and the closing antiphon together

#### Psalm 122 Lætatus sum

Let us pursue what makes for peace; come let us adore him.

- <sup>1</sup> I was glad when they said to me, \*
- "Let us go to the house of the LORD."
- <sup>2</sup> Now our feet are standing \* within your gates, O Jerusalem.
- <sup>3</sup> Jerusalem is built as a city \* that is at unity with itself;

Let us pursue what makes for peace; come let us adore him.

- <sup>4</sup> To which the tribes go up, the tribes of the LORD, \* the assembly of Israel, to praise the Name of the LORD.
- <sup>5</sup> For there are the thrones of judgment, \* the thrones of the house of David.
- <sup>6</sup> Pray for the peace of Jerusalem: \*
- "May they prosper who love you.

Let us pursue what makes for peace; come let us adore him.

- Peace be within your walls \*and quietness within your towers.
- <sup>8</sup> For my brethren and companions' sake, \* I pray for your prosperity.
- <sup>9</sup> Because of the house of the LORD our God, \* I will seek to do you good."

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

Let us pursue what makes for peace; come let us adore him.

# The Psalm or Psalms Appointed

For the virtual service the first reader appointed prays the antiphon and first verse of each psalm, the Gloria Patri and repeats the antiphon. The second reader appointed prays the second verse. The two readers alternate praying the remaining verses.

In convocation, For each psalm, all stand and the leader begins begin with the antiphon and the first verse. All sit at the second verse and the psalm is said antiphonally by seating section. All rise for the last verse of each psalm for the Gloria Pati and closing antiphon.

### Psalm 42 Quemadmodum

My soul is athirst for God, athirst for the living God.

- <sup>1</sup> As the deer longs for the water-brooks, \* so longs my soul for you, O God.
- <sup>2</sup> My soul is athirst for God, athirst for the living God; \* when shall I come to appear before the presence of God?
- <sup>3</sup> My tears have been my food day and night, \* while all day long they say to me, "Where now is your God?"
- <sup>4</sup> I pour out my soul when I think on these things; \* how I went with the multitude and led them into the house of God,
- <sup>5</sup> With the voice of praise and thanksgiving, \* among those who keep holy-day.
- <sup>6</sup> Why are you so full of heaviness, O my soul? \* and why are you so disquieted within me?
- <sup>7</sup> Put your trust in God; \* for I will yet give thanks to him, who is the help of my countenance, and my God.
- <sup>8</sup> My soul is heavy within me; \* therefore I will remember you from the land of Jordan, and from the peak of Mizar among the heights of Hermon.
- <sup>9</sup> One deep calls to another in the noise of your cataracts; \* all your rapids and floods have gone over me.
- <sup>10</sup> The LORD grants his loving-kindness in the daytime; \* in the night season his song is with me, a prayer to the God of my life.
- <sup>11</sup> I will say to the God of my strength, "Why have you forgotten me? \* and why do I go so heavily while the enemy oppresses me?"
- While my bones are being broken, \* my enemies mock me to my face;
- All day long they mock me \* and say to me, "Where now is your God?"
- Why are you so full of heaviness, O my soul? \* and why are you so disquieted within me?
- Put your trust in God; \* for I will yet give thanks to him, who is the help of my countenance, and my God.

Members bow their heads while praying the opening phrase before the \* within the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

My soul is athirst for God, athirst for the living God.

## There is to be a short pause before beginning the next psalm

Psalm 30 Exaltabo te, Domine

O Lord my God, I cried out to you, and you restored me to health.

- <sup>1</sup> I will exalt you, O LORD, because you have lifted me up \* and have not let my enemies triumph over me.
- <sup>2</sup> O LORD my God, I cried out to you, \* and you restored me to health.
- <sup>3</sup> You brought me up, O LORD, from the dead; \* you restored my life as I was going down to the grave.
- <sup>4</sup> Sing to the LORD, you servants of his; \* give thanks for the remembrance of his holiness.
- <sup>5</sup> For his wrath endures but the twinkling of an eye, \* his favor for a lifetime.
- <sup>6</sup> Weeping may spend the night, \* but joy comes in the morning.
- <sup>7</sup> While I felt secure, I said, "I shall never be disturbed. \* You, LORD, with your favor, made me as strong as the mountains."
- <sup>8</sup> Then you hid your face, \* and I was filled with fear.
- <sup>9</sup> I cried to you, O LORD; \*
  I pleaded with the Lord, saying,
- What profit is there in my blood, if I go down to the Pit? \* will the dust praise you or declare your faithfulness?
- Hear, O LORD, and have mercy upon me; \* O LORD, be my helper."
- You have turned my wailing into dancing; \* you have put off my sack-cloth and clothed me with joy.
- Therefore my heart sings to you without ceasing; \* O LORD my God, I will give you thanks for ever.

Members bow their heads while praying the opening phrase before the \* within the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

O Lord my God, I cried out to you, and you restored me to health.

There is to be a short pause before beginning the next psalm

Psalm 150 Laudate Dominum

Praise the Lord for his excellent greatness.

- <sup>1</sup> Hallelujah! Praise God in his holy temple; \* praise him in the firmament of his power.
- <sup>2</sup> Praise him for his mighty acts; \* praise him for his excellent greatness.
- <sup>3</sup> Praise him with the blast of the ram's-horn; \* Praise him with lyre and harp.
- <sup>4</sup> Praise him with timbrel and dance; \* praise him with strings and pipe.
- <sup>5</sup> Praise him with resounding cymbals; \* praise him with loud-clanging cymbals.
- <sup>6</sup> Let everything that has breath \* praise the Lord. Hallelujah!

Members bow their heads while praying the opening phrase before the \* within the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: \* as it was in the beginning, is now, and will be for ever. Amen.

Praise the Lord for his excellent greatness.

There is to be a short pause before moving to the Lessons

# The Lessons

For the virtual service, each lesson is read by a selected reader In Convocation, All Sit for the reading

A reading from 1 Samuel 22:1-23 (NRSV)

David left there and escaped to the cave of Adullam; when his brothers and all his father's house heard of it, they went down there to him. Everyone who was in distress, and everyone who was in debt, and everyone who was discontented gathered to him; and he became captain over them. Those who were with him numbered about four hundred. David went from there to Mizpeh of Moab. He said to the king of Moab, "Please let my father and mother come to you, until I know what God will do

for me." He left them with the king of Moab, and they stayed with him all the time that David was in the stronghold. Then the prophet Gad said to David, "Do not remain in the stronghold; leave, and go into the land of Judah." So David left, and went into the forest of Hereth. Saul heard that David and those who were with him had been located. Saul was sitting at Gibeah, under the tamarisk tree on the height, with his spear in his hand, and all his servants were standing around him. Saul said to his servants who stood around him, "Hear now, you Benjaminites; will the son of Jesse give every one of you fields and vinevards, will be make you all commanders of thousands and commanders of hundreds? Is that why all of you have conspired against me? No one discloses to me when my son makes a league with the son of Jesse, none of you is sorry for me or discloses to me that my son has stirred up my servant against me, to lie in wait, as he is doing today." Doeg the Edomite, who was in charge of Saul's servants, answered, "I saw the son of lesse coming to Nob, to Ahimelech son of Ahitub; he inquired of the LORD for him, gave him provisions, and gave him the sword of Goliath the Philistine." The king sent for the priest Ahimelech son of Ahitub and for all his father's house, the priests who were at Nob; and all of them came to the king. Saul said, "Listen now, son of Ahitub." He answered, "Here I am, my lord." Saul said to him, "Why have you conspired against me, you and the son of Jesse, by giving him bread and a sword, and by inquiring of God for him, so that he has risen against me, to lie in wait, as he is doing today?" Then Ahimelech answered the king, "Who among all your servants is so faithful as David? He is the king's son-in-law, and is quick to do your bidding, and is honored in your house. Is today the first time that I have inquired of God for him? By no means! Do not let the king impute anything to his servant or to any member of my father's house; for your servant has known nothing of all this, much or little." The king said, "You shall surely die, Ahimelech, you and all your father's house." The king said to the guard who stood around him, "Turn and kill the priests of the LORD, because their hand also is with David; they knew that he fled, and did not disclose it to me." But the servants of the king would not raise their hand to attack the priests of the LORD. Then the king said to Doeg, "You, Doeg, turn and attack the priests." Doeg the Edomite turned and attacked the priests; on that day he killed eighty-five who wore the linen ephod. Nob, the city of the priests, he put to the sword; men and women, children and infants, oxen, donkeys, and sheep, he put to the sword. But one of the sons of Ahimelech son of Ahitub, named Abiathar, escaped and fled after David. Abiathar told David that Saul had killed the priests of the LORD. David said to Abiathar, "I knew on that day, when Doeg the Edomite was there, that he would surely tell Saul. I am responsible for the lives of all your father's house. Stay with me, and do not be afraid; for the one who seeks my life seeks your life; you will be safe with me."

Here ends the Reading.

Allow a short pause before beginning praying the canticle

Canticle of Solomon Deus patrum meorum (Wisdom 9: 1-6.9-11)

Send forth Wisdom from the holy heavens that I may learn what is pleasing to you.

For the virtual service, the leader or a selected reader prays the entire canticle including the opening and the Gloria Patri, and the closing antiphon.

At convocation All Stand, the leader prays the opening antiphon and the first verse of the canticle and the people pray the rest of the Canticle, the Gloria Patri and the closing antiphon together.

O God of my ancestors and Lord of mercy, \* who have made all things by your word,

And by your wisdom have formed humankind \*

to have dominion over the creatures you have made,

And rule the world in holiness and righteousness, \* and pronounce judgment in uprightness of soul, Give me the wisdom that sits by your throne, \* and do not reject me from among your servants. For I am your servant the son of your handmaid, \* a man who is weak and short-lived, with little understanding of judgment and laws; With you is wisdom, she who knows your works \* and was present when you made the world; She understands what is pleasing in your sight \* and what is right according to your commandments. Send her forth from the holy heavens, \* and from the throne of your glory send her, That she may labor at my side, \* and that I may learn what is pleasing to you. For she knows and understands all things, \* and she will guide me wisely in my actions and guard me with her glory.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Send forth Wisdom from the holy heavens that I may learn what is pleasing to you.

## In Convocation, All Sit for the reading

A reading from Acts 13:26-43 (NRSV)

"My brothers, you descendants of Abraham's family, and others who fear God, to us the message of this salvation has been sent. Because the residents of Jerusalem and their leaders did not recognize him or understand the words of the prophets that are read every sabbath, they fulfilled those words by condemning him. Even though they found no cause for a sentence of death, they asked Pilate to have him killed. When they had carried out everything that was written about him, they took him down from the tree and laid him in a tomb. But God raised him from the dead; and for many days he appeared to those who came up with him from Galilee to Jerusalem, and they are now his witnesses to the people. And we bring you the good news that what God promised to our ancestors he has fulfilled for us, their children, by raising Jesus; as also it is written in the second psalm, 'You are my Son; today I have begotten you.' As to his raising him from the dead, no more to return to corruption, he has spoken in this way, 'I will give you the holy promises made to David.' Therefore he has also said in another psalm, 'You will not let your Holy One experience corruption.' For David, after he had served the purpose of God in his own generation, died, was laid beside his ancestors, and experienced corruption; but he whom God raised up experienced no corruption. Let it be known to you therefore, my brothers, that through this man forgiveness of sins is proclaimed to you; by this Jesus everyone who believes is set free from all those sins from which you could not be freed by the law of Moses. Beware, therefore, that what the prophets said does not happen to you: 'Look, you scoffers! Be amazed and perish, for in your days I am doing a work, a work that you will never believe, even if someone tells you.'" As Paul and Barnabas were going out, the

people urged them to speak about these things again the next sabbath. When the meeting of the synagogue broke up, many Jews and devout converts to Judaism followed Paul and Barnabas, who spoke to them and urged them to continue in the grace of God.

And here ends the Reading.

Allow a short pause before beginning praying the canticle

There is none holy like you, nor any rock to be compared to you, our God.

For the virtual service, the leader or a selected reader prays the entire canticle including the opening antiphon and the Gloria Patri, and the closing antiphon.

At convocation, All stand. The leader prays the opening antiphon and the first verse of the canticle and the people pray the rest of the Canticle, the Gloria Patri and the closing antiphon together.

### The Song of Zechariah Benedictus Dominus Deus

Luke 1:68-79

Blessed are you, Lord, the God of Israel, \*

you have come to your people and set them free.

You have raised up for us a mighty Savior, \*

born of the house of your servant David.

Through your holy prophets you promised of old to save us from our enemies, \*

from the hands of all who hate us,

To show mercy to our forebears, \*

and to remember your holy covenant.

This was the oath that you swore to our father Abraham, \*

to set us free from the hands of our enemies, Free to worship you without fear, \*

holy and righteous before you, all the days of our life.

And you, child, shall be called the prophet of the Most High, \*

for you will go before the Lord to prepare the way,

To give God's people knowledge of salvation \*

by the forgiveness of their sins.

In the tender compassion of our God \*

the dawn from on high shall break upon us,

To shine on those who dwell in darkness and the shadow of death, \*

and to guide our feet in the way of peace

Members bow their heads while praying the opening phrase before the \* within the Gloria Patri in the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: \*

as it was in the beginning, is now, and will be for ever. Amen.

There is none holy like you, nor any rock to be compared to you, our God.

The Rite of Naming and Clothing of Novices may begin here. To access the Rite, click the link below.

Naming and Clothing of Novices

The Rite of Full Oblation

# The Prayers

At Convocation, All Stand

V: The Lord be with you.

R: And also with you.

Let us pray.

The virtual service: the leader or a reader prays the Lord's Prayer.

Convocation service, the leader and the people say the Lord's Prayer together

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

For the virtual service, the first reader begin and a second reader say the response.

For the convocation service, All remain standing for the all Prayers following. The leader begins and the members respond.

#### Suffrages A

- V. Show us your mercy, O Lord;
- R. And grant us your salvation.
- V. Clothe your ministers with righteousness;
- R. Let your people sing with joy.
- V. Give peace, O Lord, in all the world;
- R. For only in you can we live in safety.
- V. Lord, keep this nation under your care;
- R. And guide us in the way of justice and truth.
- V. Let your way be known upon earth;
- R. Your saving health among all nations.
- V. Let not the needy, O Lord, be forgotten;
- R. Nor the hope of the poor be taken away.
- V. Create in us clean hearts, O God;
- R. And sustain us with your Holy Spirit.

Collect of the Day

Virtual Service: Prayed by an appointed member.

In Convocation: Prayed by by the leader.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

#### 62. A Prayer attributed to St. Francis

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy. Grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life. Amen.

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. Amen.

Let us bless the Lord.

Thanks be to God.

At both virtual and convocation services, all cross themselves as indicated.

(‡)The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. And with our absent brothers and sisters. Amen.

## The Angelus

In the virtual service, the leader appoints a member to begin praying the Angelus and a second person and pray the response. In convocation, the leader begins the prayer, and the responses are said by all.

The Angel of the Lord announced to Mary

And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord

Be it unto me according to your word

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus

Holy Mary, Mother of God, pray for us sinners,

now and at the hour of our death. Amen.

For all services, members bow their heads here

And the Word was made flesh.

And dwelled among us.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V: Pray for us, O holy Mother of God.

R: That we may be made worthy of the promises of Christ.

In convocation, this prayer is said by all.

Let us pray:

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; through Jesus Christ our Lord. *Amen*.

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