The Saint Bede's Breviary: Companions of St. Luke Edition

The Rites to welcome new Postulants and Novice Oblates may be offered before either Matins or Vespers begins. You can access the appropriate rite below.

New Postulant Rite

Novice Oblates Rite

Vespers for Thursday After Proper 10

(Elizabeth Cady Stanton, 1902, Amelia Bloomer, 1894, Sojourner Truth, 1883, and Harriet Ross Tubman, 1913, Social Reformers)

Vespers provided here can be prayed privately, or in community virtually or at convocation. These rubrics (instructions) provide guidance for virtual and convocation services.

- When the service is prayed virtually, prayers and responses should be said by each participant, even though each person's response cannot be heard.
- At the Magnificat which begins after the daily antiphon, and during the final blessing, everyone should make the sign of the cross across their chest, represented in the service as (\frac{1}{17}).
- Portions of Vespers at convocation may be chanted. Chant tones will be distributed before the service.
- At convocation: All Stand. Prayed by the Leader

Commemoration of Proper 10 The Sunday closest to July 13

Opening Sentence

I will bless the Lord who gives me counsel; my heart teaches me, night after night. I have set the Lord always before me; because he is at my right hand, I shall not fall. *Psalm 16:7,8*

The Invitatory

V: O God, make speed to save us.

R: O Lord, make haste to help us.

Members bow their heads while praying the phrase before * in the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

Alleluia (omit during Lent)

O Gracious Light Phos hilaron

At convocation, remain standing and it is prayed by the leader

O gracious Light, pure brightness of the everliving Father in heaven, O Jesus Christ, holy and blessed!

Now as we come to the setting of the sun, and our eyes behold the vesper light, we sing your praises, O God: Father, Son, and Holy Spirit.

You are worthy at all times to be praised by happy voices, O Son of God, O Giver of life, and to be glorified through all the worlds.

The Psalms Appointed

When the service is prayed virtually the first reader appointed prays the antiphon and first verse of each psalm, the Gloria Patri and repeats the antiphon. The second reader appointed prays the second verse. The two readers alternate praying the remaining verses.

In convocation, For each psalm, all stand and the leader begins begin with the antiphon and the first verse. All sit at the second verse and the psalm is said antiphonally by seating section. All rise for the last verse of each psalm for the Gloria Pati and closing antiphon.

Psalm 124 Nisi quia Dominus

Our help is in the Name of the Lord.

- If the LORD had not been on our side, * let Israel now say;
- ² If the LORD had not been on our side, * when enemies rose up against us;
- ³ Then would they have swallowed us up alive * in their fierce anger toward us;
- ⁴ Then would the waters have overwhelmed us * and the torrent gone over us;
- ⁵ Then would the raging waters * have gone right over us.
- ⁶ Blessed be the LORD! *

he has not given us over to be a prey for their teeth.

- ⁷ We have escaped like a bird from the snare of the fowler; * the snare is broken, and we have escaped.
- ⁸ Our help is in the Name of the LORD, * the maker of heaven and earth.

Members bow their heads while praying the phrase before * in the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

Our help is in the Name of the Lord.

There is to be a short pause before beginning the next psalm

Psalm 136 Confitemini

Great and wonderful are your deeds, O Lord God Almighty.

- ¹ Give thanks to the LORD, for he is good, * for his mercy endures for ever.
- ² Give thanks to the God of gods, * for his mercy endures for ever.
- ³ Give thanks to the Lord of lords, * for his mercy endures for ever.
- ⁴ Who only does great wonders, * for his mercy endures for ever;
- ⁵ Who by wisdom made the heavens, * for his mercy endures for ever;
- ⁶ Who spread out the earth upon the waters, * for his mercy endures for ever;
- Who created great lights, * for his mercy endures for ever;
- ⁸ The sun to rule the day, * for his mercy endures for ever;
- ⁹ The moon and the stars to govern the night, * for his mercy endures for ever.
- Who struck down the firstborn of Egypt, * for his mercy endures for ever;
- And brought out Israel from among them, * for his mercy endures for ever;

- With a mighty hand and a stretched-out arm, * for his mercy endures for ever;
- 13 Who divided the Red Sea in two, *

for his mercy endures for ever;

 14 And made Israel to pass through the midst of it, *

for his mercy endures for ever;

¹⁵ But swept Pharaoh and his army into the Red Sea, *

for his mercy endures for ever;

Who led his people through the wilderness, *

for his mercy endures for ever.

- Who struck down great kings, *
- for his mercy endures for ever;
- And slew mighty kings, *
- for his mercy endures for ever;
- ¹⁹ Sihon, king of the Amorites, *

for his mercy endures for ever;

- And Og, the king of Bashan, *
- for his mercy endures for ever;
- And gave away their lands for an inheritance, *

for his mercy endures for ever;

²² An inheritance for Israel his servant, *

for his mercy endures for ever.

Who remembered us in our low estate, *

for his mercy endures for ever;

24 And delivered us from our enemies, *

for his mercy endures for ever;

Who gives food to all creatures, *

for his mercy endures for ever.

Give thanks to the God of heaven, *

for his mercy endures for ever.

Members bow their heads while praying the phrase before * in the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

Great and wonderful are your deeds, O Lord God Almighty.

There is to be a short pause before beginning the next psalm

Psalm 31 In te, Domine, speravi

Incline your ear to me, O Lord; make haste to deliver me.

- ¹ In you, O LORD, have I taken refuge; let me never be put to shame; * deliver me in your righteousness.
- ² Incline your ear to me; * make haste to deliver me.
- ³ Be my strong rock, a castle to keep me safe, for you are my crag and my stronghold; * for the sake of your Name, lead me and guide me.
- ⁴ Take me out of the net that they have secretly set for me, * for you are my tower of strength.
- ⁵ Into your hands I commend my spirit, * for you have redeemed me, O LORD, O God of truth.
- ⁶ I hate those who cling to worthless idols, * and I put my trust in the LORD.
- ⁷ I will rejoice and be glad because of your mercy; * for you have seen my affliction; you know my distress.
- ⁸ You have not shut me up in the power of the enemy; * you have set my feet in an open place.

Members bow their heads while praying the phrase before * in the Gloria Patri

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

Incline your ear to me, O Lord; make haste to deliver me.

There is to be a short pause before moving to the Lessons

The Lessons

For the virtual service, the lesson is read by a selected reader At convocation, Sit for the reading

A reading from 'Mark 2:23-3:6 (NRSV)'

One sabbath he was going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, "Look, why are they doing what is not lawful on the sabbath?" And he said to them, "Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions." Then he said to them, "The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath." Again he entered the synagogue, and a man was there who had a withered

hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, "Come forward." Then he said to them, "Is it lawful to do good or to do harm on the sabbath, to save life or to kill?" But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, "Stretch out your hand." He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

Here ends the Reading.

The Song of Mary Magnificat Luke 1:46-55

For the virtual service, the leader or a selected reader prays the entire canticle including the opening antiphon and the Gloria Patri, and the closing antiphon.

At convocation, the leader prays the opening antiphon and the first verse of the canticle and the people pray the rest of the Canticle, the Gloria Patri and the closing antiphon together.

God has fed the hungry with good things, and the rich he has sent away empty.

My soul proclaims the greatness of the Lord, my spirit rejoices in you, O God my Savior, *

for you have looked with favor on your lowly servant.

From this day all generations will call me blessed:*

you, the Almighty, have done great things for me, and holy is your name.

You have mercy on those who fear you *

from generation to generation.

You have shown strength with your arm *

and scattered the proud in their conceit,

Casting down the mighty from their thrones *

and lifting up the lowly.

You have filled the hungry with good things *

and sent the rich away empty.

You have come to the help of your servant Israel, *

for you have remembered your promise of mercy, The promise made to our forebears, *

to Abraham and his children for ever

Glory to the Father, and to the Son, and to the Holy Spirit: *

as it was in the beginning, is now, and will be for ever. Amen.

God has fed the hungry with good things, and the rich he has sent away empty.

For the virtual service and the service at convocation, A second reading may be inserted here by the leader using the "Readings from the Desert" and can be accessed using this LINK.

The Rite of Naming and Clothing of Novices may begin here. To access the Rite, click the link below.

Naming and Clothing of Novices

The Rite of Full Oblation

The Prayers

At Convocation, All remain standing

V: The Lord be with you.

R: And also with you.

Let us pray.

The virtual service: the leader or a reader prays the Lord's Prayer.

Convocation service, the leader and the people say the Lord's Prayer together

Our Father in heaven, hallowed be your Name, your kingdom come, your will be done, on earth as in heaven. Give us today our daily bread. Forgive us our sins as we forgive those who sin against us. Save us from the time of trial, and deliver us from evil. For the kingdom, the power, and the glory are yours, now and for ever. Amen.

For the virtual service, the first reader begin and a second reader say the response.

For the convocation service, All remain standing for the all Prayers following. The leader begins and the members respond.

Suffrages B

That this evening may be holy, good, and peaceful,

We entreat you, O Lord.

That your holy angels may lead us in paths of peace and goodwill,

We entreat you, O Lord.

That we may be pardoned and forgiven for our sins and offenses,

We entreat you, O Lord.

That there may be peace to your Church and to the whole world,

We entreat you, O Lord.

That we may depart this life in your faith and fear, and not be condemned before the great judgment seat of Christ,

We entreat you, O Lord.

That we may be bound together by your Holy Spirit in the communion of [the glorious and ever-blessed Virgin Mary,

St. Michael the Defender, _____ and] all your saints,

entrusting one another and all our life to Christ,

We entreat you, O Lord.

Collect of the Day

Virtual Service: Prayed by an appointed member.

For the convocation service, The collects are prayed by the leader.

O God, whose Spirit guides us into all truth and makes us free: Strengthen and sustain us as you did your servants Elizabeth, Amelia, Sojourner, and Harriet. Give us vision and courage to stand against oppression and injustice and all that works against the glorious liberty to which you call all your children; through Jesus Christ our Savior, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

Commemoration of Proper 10 The Sunday closest to July 13

Blest are your eyes because they see and blest are your ears because they hear. Many have longed to see what you see but did not see it, to hear what you hear but did not hear it.

V. Let my prayer, O Lord, be set forth.

R. In your sight as incense.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Prayer of Self-Dedication

Almighty and eternal God, so draw our hearts to you, so guide our minds, so fill our imaginations, so control our wills, that we may be wholly yours, utterly dedicated unto you; and then use us, we pray you, as you will, and always to your glory and the welfare of your people; through our Lord and Savior Jesus Christ. *Amen*.

Prayer for Mission

O God and Father of all, whom the whole heavens adore: Let the whole earth also worship you, all nations obey you, all tongues confess and bless you, and men and women everywhere love you and serve you in peace; through Jesus Christ our Lord. *Amen*.

Pause and add prayers for healing, and intercessory and thanksgiving prayers here.

For both the virtual and convocation services, these prayers are said by the leader. Members will have an opportunity to offer personal prayer requests.

A Prayer of St. Chrysostom

For the virtual service, prayed by an appointed member.

For the convocation service, prayed by all members together.

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. *Amen*.

Let us bless the Lord.

Thanks be to God.

For both the virtual service and at convocation, this is prayed by the leader:

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. *Amen. Ephesians* 3:20

The Angelus

In the virtual service, the leader appoints a member to begin praying the Angelus and a second person and pray the response. In convocation, the leader begins the prayer, and the responses are said by all.

The Angel of the Lord announced to Mary

And she conceived by the Holy Spirit.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Behold the handmaid of the Lord

Be it unto me according to your word

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus

Holy Mary, Mother of God, pray for us sinners,

now and at the hour of our death. Amen.

For all services, members bow their heads here

And the Word was made flesh.

And dwelled among us.

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

V: Pray for us, O holy Mother of God.

R: That we may be made worthy of the promises of Christ.

In convocation, this prayer is said by all.

Let us pray:

Pour your grace into our hearts, O Lord, that we who have known the incarnation of your Son Jesus Christ, announced by an angel to the Virgin Mary, may by his cross and passion be brought to the glory of his resurrection; through Jesus Christ our Lord. *Amen*.

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